Telemental Health Therapist

Primary Clinic Location: All locations
Supervisor: Director of Outpatient Services
Effective Date: 7/20/17

General Summary:

The Telemental Health Therapist, under the direction of the Director of Outpatient Services, is responsible for providing mental health services to adolescents and adults with identified mental health issues. This is highly specialized professional work and is performed via HIPAA compliant, real-time, two-way interactive audio and video telecommunications system. The originating site (client location) for the services can be in the clinic, school, or in the clients home.

Essential Job Functions:

- Provides outpatient clinical services
  - Provides individual and couples therapy in clinic, school, or in a client’s home.
  - Provides referrals to other services/agencies/resources as appropriate
  - Performs diagnostic assessments
  - Provides treatment planning
- Provides emergency coverage
  - Provides crisis intervention as needed.
- Actively participates as part of an interdisciplinary treatment team
  - Participates in peer review, and other quality assurance programs
  - Contributes to clinical consultation meetings with peers
- Maintains professional standards
  - Meets or exceeds established benchmark for Sioux Trails Mental Health Center’s outpatient therapists
  - Fully compliant with HIPAA, confidentiality and conflict of interest standards
  - Responds to clients and referral sources in a timely professional manner
  - Keeps accurate, up-to-date, complete records according to agency guidelines
  - Completes documentation within Agency’s requirements
  - Coordination of care with probation, county case managers, PCP’s, etc
Other Duties and Responsibilities:

- Have a quality internet connect to be able to provide consistent services
- Have to have computer set up with a two monitor system to allow for seeing the client and documenting in the electronic health record at the same time
- Have a high quality web camera and microphone with their computer system (internal or external)
- Have a phone to be able to contact Sioux Trails and coordinate care of clients
- Performs other duties as required

The above list is intended to describe the general nature and level of work being performed. A position may not be assigned all the duties listed and the listed examples do not include all the duties that may be assigned.

Minimum Education/Skills/Experience/Training Required to be Considered for Employment:

- Masters degree in counseling, social work, or psychology or doctorate in psychology or counseling
- 2 years of experience in mental health work, preferably in a community mental health or public health setting
- Licensed in the State of Minnesota as a LP, LICSW, LPCC or LMFT

Skills/Experience/Training Required to Adequately Perform Job Duties:

- Excellent oral and written communication skills
- Knowledge of contemporary mental health theory and principles of human development
- Knowledgeable of individual child, adolescent, adult, couples and family psychotherapy
- Ability to obtain clinical consultation/supervision with difficult therapeutic situations
- Proven strong client recovery focus
- Ability to respond to a crisis situation in a calm and appropriate manner
- Ability to perceive limits on professional expertise and know when to refer cases
- Ability to present professional image for enhancement of Center’s role as a mental health leader in the community
- Ability to contribute as active and positive member of the team
- Experience and/or training in the fundamentals of teamwork
- Ability to interact effectively with other agency staff in a variety of situations and circumstances
- Ability to understand and follow oral and written instructions

Physical and Mental Demands: (included but are not limited to)
Frequent standing, sitting, walking; ability to concentrate and apply other cognitive, intellectual and mental functions, and ability necessary to address and handle a wide
variety of human relations issues; cognitive, intellectual and mental functions and ability necessary to handle more than one complex task at a time; manual ability and dexterity to use keyboard for prolonged periods of time; strong verbal ability; frequent lifting or moving up to 30 pounds; accurate close and distance vision. Within the requirements and framework of the law, reasonable accommodation will be made to enable an otherwise qualified individual to perform the essential functions of the job.

* External and internal applicants, as well as position incumbents who become disabled as defined under the Americans with Disabilities Act, must be able to perform the essential job functions either unaided or with assistance of a reasonable accommodation, to be determined based on individual assessment.